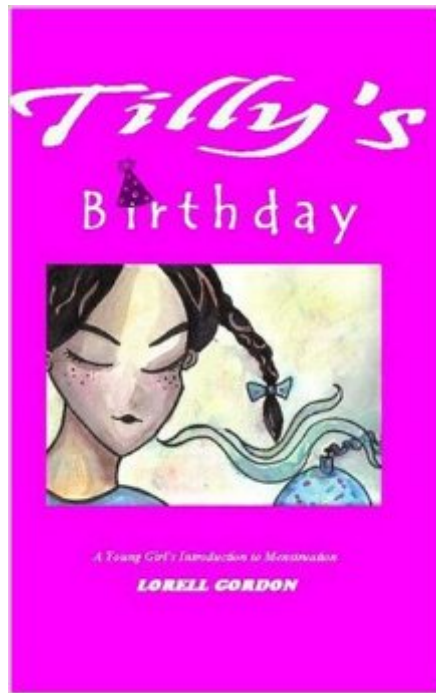


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# Tilly's Birthday: A Young Girl's Introduction To Menstruation



## Synopsis

Tilly's Birthday is a book that was written just for your young daughter, or that special young girl in your life. Maybe she is approaching that special time in her life, or it has already occurred, or perhaps she has begun asking questions. In any event, this introductory book can serve as that 'first book' for that 'first talk.' And don't worry about this special moment being clouded or diluted with other information such as; sexuality, birth control pills, or pregnancy, etc. This book focuses exclusively on menstruation so that it is given the honor and celebration it so deserves. The menstrual cycle is recognized as a gift and a rite of passage toward mature development. In Tilly's Birthday, with its humorous illustrations, an engaging story unfolds. Tilly is experiencing an usual day at school until 'it' happens. With guidance from her mother, Tilly gains an understanding of the physiological changes occurring within her body. Discussion questions follow at the end of the story to facilitate communication between a young girl and her parent about this special moment in her life. This book, published by Learning All About Me, is a positive step towards introducing young girls about themselves and their changing bodies. The focus is just as it is titled; an introduction to menstruation. It seeks to answer the question: "How do I handle this change that is taking place within my body and what does it all mean?" This enjoyable story, with its helpful information, is sure to be a book every young girl will want to read and own!

## Book Information

Paperback: 64 pages

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Product Dimensions: 0.2 x 5.5 x 8.5 inches

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #1,009,486 in Books (See Top 100 in Books) #7 in [Books > Health, Fitness & Dieting > Women's Health > Menstruation](#) #2149 in [Books > Teens > Literature & Fiction > Social & Family Issues > Being a Teen](#) #2297 in [Books > Teens > Literature & Fiction > Girls & Women](#)

## Customer Reviews

From a male perspective, I see this book a necessity for fathers raising their daughters. It's a nice story about a little girl going through one of lifes changes, and how her mother interacts with her.

The method used to explain what is happening with her can be done by either parent. Father's, too, should get as well as read this book for when their precious one reaches this stage of life. Fathers, you will be prepared for the discussion, and more importantly understanding of what all is happening. Keep in mind, Daddy's little girl do grow up.

I purchased this book for my eleven year old daughter but thought I would read it first. This book provides a fresh approach to the important female milestone and once I read it, I couldn't wait to shared it with my daughter! She Loved It!MOTHERS - GRANDMOTHERS - AUNTS - WOMEN, I highly recommend sharing this book with your young girls -- The information is accurate and written in an easy-to-understand format without being distracting or confusing and without introducing sexual issues that the child might not be ready for.This book certainly stands out from the many informational books about menstruation that I've read!

I think it is well written and I would recommend it to all mothers and fathers of young girls. It not only answers a young girl's questions and lets her know what to expect, but it is written in such a way as to be entertaining also.I wished I had had a book like this when I was younger.

I bought this book for my 10 year old niece and she thoroughly enjoyed the story and the helpful information in the book. When I read it, I wished that this book was available for me when I was growing up!

She has already asked me to purchase another "Tilly" book, so I am getting ready to do that now. I purchased this in anticipation of "the talk" and she began reading it the same day they showed "the film" at school. She is 10 years old and read the book in 2 days--school days!! Thanks to the author for providing such quality material.

My daughter didn't find this book had much essence to it. Just a light story and probably a good introduction to puberty, but she watned more.

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